



Oregon Urological Society, Quarterly Update Spring 2019

ZERO Prostate Cancer Run/ Walk Sunday June 9th

Get your teams going! Our goal is to raise \$80,000 and have 700 participants for 2019. Event will take place again at 8 am, at Elizabeth Caruthers Park, Portland, OR. For more details and the exact schedule and to register for the event, please visit www.zeroprostatecancerrun.org/Portland

Where does the money go that is raised from the ZERO prostate cancer Run/Walk and Superhero Kids Dash for Dads?

ZERO fights to protect the \$100 million in DoD research funding slated specifically for prostate cancer. In addition to research, the funds raised are used for the following patients services and programs.

ZERO360: Comprehensive Patient Support

1-844-244-1309 (Toll-Free) M–T 8:30 a.m. - 5:00 p.m. ET

zerocancer.org/zero360

ZERO's team of experienced case managers help patients and their families through their personal prostate cancer journey. ZERO360 is a free, comprehensive patient support service to help patients and their families navigate insurance and financial obstacles to cover treatment and other critical needs associated with cancer.



Prostate Cancer Support Network: ZERO Connect

facebook.com/groups/zeroconnect

ZERO Connect is a Facebook-based, online only support group where those affected by prostate cancer can share their stories, ask questions, and connect with one another on their prostate cancer journey. It is a community of prostate cancer patients, survivors, caregivers, family members, loved ones, and friends who come together to support one another as they face this terrible disease.

MENTor: Peer Support

zerocancer.org/mentor

MENTor is a support network for newly diagnosed men living with prostate cancer, as well as men who have experienced a recurrence. ZERO's trained, volunteer MENTors represent many different prostate cancer journeys and have a wealth of insights to share based on their experiences.

MENTor

Newly Diagnosed Toolkit

zerocancer.org/learn/newly-diagnosed/toolkit

This free, 42-page toolkit focuses on the basics of a prostate cancer diagnosis, treatment options, lifestyle changes, support resources, and words of wisdom from men who are fighting the disease or who've won their battles. It provides clear, easy to digest information about prostate cancer tailored to newly diagnosed men to help cut through the clutter.

Free Education Materials

zerocancer.org/learn

ZERO provides education addressing the myriad issues and challenges faced by prostate cancer patients and their loved ones. Their materials include fact sheets, brochures, videos, webinars, and recommended questions to ask doctors.

Decode Your Prostate Cancer

zerocancer.org/decode

Eligible patients with metastatic prostate cancer can access their molecular profiles for free to assist their healthcare team to further create a tailored treatment plan based on the mutations driving their cancers. This program is provided in partnership with Perthera, a leading company in precision medicine.

IN OREGON

On a local level, the OUS receives a nominal grant that is used for prostate cancer education, advocacy and outreach throughout the State of Oregon as requested by our membership and directed by leadership.