

STATE OF OREGON  
**PROCLAMATION**

OFFICE OF THE GOVERNOR

- WHEREAS:** Despite advances in medical technology and research, men continue to live five years less than women on average, with Native American and African American men having the lowest life expectancy; and
- WHEREAS:** Educating health care providers and the public about the importance of a healthy lifestyle and early detection of male health problems can reduce the rates of mortality from certain diseases; and
- WHEREAS:** Heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve Oregonians' health, as well as save limited health care dollars; and
- WHEREAS:** Men's Health Month is an opportunity to educate men of all ages about a broad range of health issues, including prostate, testicular, colon, and bladder cancer, heart disease, diabetes, behavioral health and substance use disorder, tobacco and alcohol use, and sexual and reproductive health; and
- WHEREAS:** Culturally appropriate approaches are important to educate men about the value preventative health screenings can play in prolonging their life; and
- WHEREAS:** Fathers who maintain healthy lifestyles serve as role models for their children, leading those children to have happier, healthier lives; and
- WHEREAS:** Men who are educated about the value of preventative health will be more likely to participate in health screenings, decrease high-risk behaviors, and lead healthier lifestyles; and
- WHEREAS:** The State of Oregon encourages all men to maintain healthy lifestyles and take part in medical checkups.

**NOW,  
THEREFORE:** I, Kate Brown, Governor of the State of Oregon, hereby proclaim **June 2021** to be

**MEN'S HEALTH AWARENESS MONTH**

in Oregon and encourage all Oregonians to join in this observance.



IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, May 27, 2021.

*Kate Brown*

Kate Brown, Governor

*Shemia Fagan*

Shemia Fagan, Secretary of State